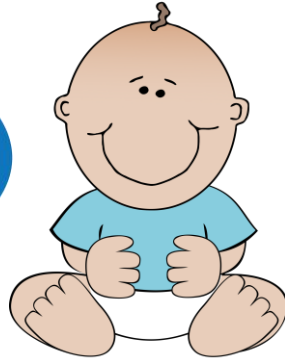


The logo for Spices Fitness, featuring the words "Spices" and "Fitness" in a brown, cursive font inside a blue oval.The words "GYM" and "BABIES" in a large, bold, blue, bubbly font with a 3D effect.

A fun parent led class for mobile babies, toddlers and preschoolers.

An hour long class which starts with structured activities, obstacle courses and group games, followed by free play time. Children will have the opportunity to learn basic gymnastics skills.



Class Time & Days: Tuesdays and Thursdays 10-11am

Dates: January 3rd to March 30th, 2017 (12 weeks)

Fees: \$72 for 1 class or \$120 for 2 classes (+GST).

Siblings receive a discount.

Location: SPICES FITNESS Studio in Buena Vista

Registration: Starts December 1st via email:

bnikkari@accesscomm.ca